

DAILY BREAD

A Messianic One-Year Bible Reading Journal

5779 / 2018-2019

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Hebrew Cover text:

“Et lechem chukenu ten lanu ha-yom.
(Give us this day our daily bread).”

— Matthew 6:11

Daily Bread:

A Messianic One-Year Bible Reading Journal (5779 / 2018-2019)

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~Introduction~

It is a great blessing to have a daily, balanced diet from the Word of God, and to read through the entire Bible in a year. The Master said: “It is written: ‘Man shall not live on bread alone, but on every word that proceeds out of the mouth of God’” (Matt. 4:4, Deut. 8:3). As disciples of Messiah, we need to study the Scriptures in a disciplined way. Therefore it is our great joy to publish *Daily Bread: A Messianic One-Year Bible Reading Journal*.

The Bible has come to us from the Jewish people. The one-year Bible reading plan in DAILY BREAD is unique in several ways: (1) it follows the same Jewish division of the Scriptures that Messiah and the Apostles were familiar with; (2) it takes you through a portion from each section every day; (3) it follows the same text portions that all of Israel studies each week; (4) it complements these with the rest of the biblical text; (5) it includes a generous amount of information about the Jewish calendar, the Feasts, and what has happened in the history of Israel on different days.

The Jewish division of the Hebrew Bible (OT) is the same as the one found in Luke 24:44. Every day, except Sabbaths and holidays (see below), DAILY BREAD takes you through:

- one portion from the Torah (the Five Books of Moses);
- one portion from the Prophets;
- one portion from the Writings;
- one portion from the Apostles (NT).

The weekly Torah portion is called the *parashah* and is read in every synagogue all over the world each Sabbath (see Acts 15:21). It is divided into seven shorter *aliyot* (plural), which constitute the daily Torah reading in this Bible reading plan. On the Sabbath, the

seventh *aliyah* is read, together with the accompanying portion from the Prophets, called the *haftarah* (see Luke 4:16). DAILY BREAD also adds suggested Messianic readings from the Apostles on Sabbaths and Holidays.

The books of the Prophets include: Joshua, Judges, Samuel I & II, and Kings I & II, followed by Isaiah, Jeremiah, Ezekiel, and the twelve shorter Prophets. (Note that the entire Book of Jonah is read on the Day of Atonement.) The Writings start with Psalms, followed by Proverbs, Job, and the five Scrolls which are read on special occasions: Song of Songs (Passover), Ruth (Feast of Weeks), Lamentations (9th of Av), Ecclesiastes (Tabernacles), and Esther (Purim). After these come: Daniel, Ezra, Nehemiah and Chronicles I & II.

The composition of the Apostolic Scriptures (NT) is somewhat different in the East around the Land of Israel. In this earlier Greek manuscript tradition, the letters of Jacob (James), Peter, John, and Judah (Jude) follow directly after the Book of Acts. Paul writes in Galatians that “James, Cephas and John, those esteemed as pillars,” were apostles before him in Jerusalem (Gal. 2:9, 1:17). Then come the letters of Paul, Hebrews, and the Book of Revelation.

We recommend reading all the daily Scripture portions early in the morning. If time does not allow, read the rest in the evening. Alternatively, you can read two portions in the morning and two in the evening. If you fall behind, you can catch up on the Sabbath, but a disciplined daily reading of the Word is best.

On each page in the journal you will find the Gregorian date, the Hebrew date, the Bible reading portions for the day, information about special events on the Hebrew calendar, and also the name of the Torah text for the week at the bottom of the page. Some days will have information about what happened in the Bible or in history on that specific day. On the empty lines, you can record what speaks to you from the Scriptures, prayer subjects, answers to prayer, etc.

We hope that you will be richly blessed by DAILY BREAD in your daily walk with the Master.

~ The Holy Books ~

Below are the books of Holy Scripture arranged according to the Jewish, Messianic tradition used in *Daily Bread*.

TORAH

- ✎ Genesis
- ✎ Exodus
- ✎ Leviticus
- ✎ Numbers
- ✎ Deuteronomy

PROPHETS

- ✎ Joshua
- ✎ Judges
- ✎ Samuel I & II
- ✎ Kings I & II

- ✎ Isaiah
- ✎ Jeremiah
- ✎ Ezekiel
- ✎ The Twelve
 - I. Hosea
 - II. Joel
 - III. Amos
 - IV. Obadiah
 - V. Jonah
 - VI. Micah
 - VII. Nahum
 - VIII. Habakkuk

- IX. Zephaniah
- X. Haggai
- XI. Zechariah
- XII. Malachi

WRITINGS

- ✎ Psalms
- ✎ Proverbs
- ✎ Job

- ✎ Song of Songs
- ✎ Ruth
- ✎ Lamentations
- ✎ Ecclesiastes
- ✎ Esther

- ✎ Daniel
- ✎ Ezra-Nehemiah
- ✎ Chronicles I & II

APOSTLES

- ✎ Matthew
- ✎ Mark
- ✎ Luke
- ✎ John

- ✎ Acts
- ✎ Jacob (James)
- ✎ 1 Peter
- ✎ 2 Peter
- ✎ 1 John
- ✎ 2 John
- ✎ 3 John
- ✎ Judah (Jude)

- ✎ Romans
- ✎ 1 Corinthians
- ✎ 2 Corinthians
- ✎ Galatians
- ✎ Ephesians
- ✎ Philippians
- ✎ Colossians
- ✎ 1 Thessalonians
- ✎ 2 Thessalonians
- ✎ 1 Timothy
- ✎ 2 Timothy
- ✎ Titus
- ✎ Philemon
- ✎ Hebrews
- ✎ Revelation

~ Blessings ~

Torah studies (all Scripture included) is of even higher importance than prayer and should be done daily. Since it is a commandment (see Dt. 6:6–7) and a spiritual undertaking, it is customary in Israel to first pray and bless God before reading. These blessings are considered to cover all Scripture reading and studies for the rest of the day.

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו, וְצִוֵּנוּ
לְעֵסֶק בְּדִבְרֵי תוֹרָה. וְהֶעֱרַב נָא יְיָ אֱלֹהֵינוּ אֶת דְּבָרֵי תוֹרָתְךָ בְּפִינוּ,
וּבְפִי עַמְּךָ בֵּית יִשְׂרָאֵל, וְנִהְיֶה אֲנַחְנוּ וְצִאֲצָאֵינוּ, וְצִאֲצָאֵי עַמְּךָ בֵּית
יִשְׂרָאֵל, כֻּלָּנוּ יוֹדְעֵי שְׁמֶךָ, וְלוֹמְדֵי תוֹרָתְךָ לְשִׂמְחָה. בְּרוּךְ אַתָּה יְיָ,
הַמְלַמֵּד תוֹרָה לְעַמּוֹ יִשְׂרָאֵל.

Blessed are you, LORD our God, King of the universe, who has sanctified us with his commandments and has commanded us to engage in study of the words of Torah. Please, LORD our God, make the words of your Torah sweet in our mouth, and in the mouth of your people, the house of Israel. May we and our descendants, and the descendants of your people, the house of Israel, all know your name and study your Torah for its own sake. Blessed are you, LORD, who teaches Torah to his people Israel.

The Apostle Shaul Paul writes, "Then what advantage has the Jew? Or what is the benefit of circumcision? Great in every respect. First of all, that they were entrusted with the oracles of God" (Rom. 3:1–2).

Jews therefore pray:

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר בָּחַר בָּנוּ מִכָּל הָעַמִּים,
וְנָתַן לָנוּ אֶת תּוֹרָתוֹ. בְּרוּךְ אַתָּה יי, נוֹתֵן הַתּוֹרָה.

Blessed are you, LORD our God, King of the universe, who has chosen us from all peoples and given us his Torah. Blessed are you, LORD, giver of the Torah.

For all believers in Messiah:

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר נוֹתֵן תּוֹרַת אֱמֶת
וּבְשׂוֹרַת יְשׁוּעָה לְעַמּוֹ יִשְׂרָאֵל וּלְכָל הָעַמִּים עַל־יְדֵי בְּנוֹ יֵשׁוּעַ
הַמְּשִׁיחַ אֲדֹנָינוּ.

Blessed are you, LORD our God, King of the universe, who gives the Torah of truth and the good news of salvation to his people Israel and to all peoples through his Son, Yeshua the Messiah, our Master.

3 Oct. / 24 Tishrei

WEDNESDAY

Genesis 2:4–19 **TORAH**

Joshua 2 **PROPHETS**

Psalms 2 **WRITINGS**

Matthew 2 **APOSTLES**

TODAY IN HISTORY: Confession of sin in Israel. "Now on the twenty-fourth day of this month the sons of Israel assembled with fasting, in sackcloth and with dirt upon them" (Neh. 9:1f).

BERESHEET (IN THE BEGINNING)

7 Oct. / 28 Tishrei

SUNDAY

Genesis 6:9–22 **TORAH**

Joshua 5 **PROPHETS**

Psalms 5 **WRITINGS**

Matthew 5:1–26 **APOSTLES**

Lined area for writing, consisting of approximately 20 horizontal lines.

NOACH (NOAH)

- TORAH** Genesis 12:1–13
- PROPHETS** Joshua 11
- WRITINGS** Psalms 11
- APOSTLES** Matthew 10:1–20

14 Oct. / 5 Cheshvan
SUNDAY

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TODAY IN HISTORY: Death of the “Bram,” the Messianic pioneer Abram Poljak (zt”l) year 5724 (1963 CE). Poljak was a Ukrainian-born, Orthodox Jew. A musical prodigy, he played violin for the Czar at the age of eight. As a young man, he moved to Germany and took work as a journalist. The writings of Leo Tolstoy brought him to faith in Yeshua. After a miraculous release from a Nazi prison, he immigrated to Israel after the war and contributed to the pioneering of the twentieth-century Messianic Jewish movement in Israel and abroad (vineofdauid.org).

15 Oct. / 6 Cheshvan

MONDAY

Genesis 12:14–13:4 **TORAH**

Joshua 12 **PROPHETS**

Psalms 12 **WRITINGS**

Matthew 10:21–42 **APOSTLES**

LECH LECHA (GO FORTH)

- TORAH** Genesis 13:5–18
- PROPHETS** Joshua 13
- WRITINGS** Psalms 13
- APOSTLES** Matthew 11

16 Oct. / 7 Cheshvan

● TUESDAY

TODAY IN HISTORY: During the second Temple period, this was the time when the pilgrims who lived the farthest away (a 15-day journey) arrived home from Sukkot (Tabernacles) celebrations in Jerusalem (tradition). In Israel prayers for rain are added to the liturgy (tradition):

..... **LECH LECHA (GO FORTH)**

19 Oct. / 10 Cheshvan

FRIDAY

- Genesis 15:7-17:6 **TORAH**
- Joshua 16-17 **PROPHETS**
- Psalms 16 **WRITINGS**
- Matthew 13:1-30 **APOSTLES**

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CANDLE LIGHTING TIMES:

LECHA LECHA (GO FORTH)

- TORAH** Genesis 17:7–27
- HAFTARAH** Isaiah 40:27–41:16
- APOSTLES** Romans 4:1–12

20 Oct. / 11 Cheshvan

SHABBAT

TODAY IN HISTORY: Death of Methuselah (tradition, Gen. 5:27). “So all the days of Methuselah were nine hundred and sixty-nine years, and he died.” Death of Rachel (tradition, Gen. 35:18–20). “It came about as her soul was departing (for she died), that she named him Ben-oni; but his father called him Benjamin. So Rachel died and was buried on the way to Ephrath (that is, Bethlehem). Jacob set up a pillar over her grave; that is the pillar of Rachel’s grave to this day.”

21 Oct. / 12 Cheshvan

SUNDAY

Genesis 18:1–14 **TORAH**

Joshua 18 **PROPHETS**

Psalms 17 **WRITINGS**

Matthew 13:31–58 **APOSTLES**

A series of 25 horizontal dotted lines for writing.

VAYERA (HE APPEARED)

- TORAH** Genesis 24:53–67
- PROPHETS** Judges 4
- WRITINGS** Psalms 27
- APOSTLES** Matthew 22:1–22

1 Nov. / 23 Cheshvan

THURSDAY

TODAY IN HISTORY: The Maccabees remove the defiled stones from the Temple (tradition, 1 Maccabees 4:43). Death of Messianic pioneer Rabbi Daniel Zion (z"l) year 5740 (1979 CE). Daniel Zion was one of the chief rabbis of Sofia, Bulgaria during World War II and believer in Messiah Yeshua. He was warned about the holocaust in a vision of the Master, and he helped save 800 Jews of Sofia from the Nazis but was himself interned in a concentration camp in 1943. In 1949 he emigrated to Israel (vineofdauid.org).

- TORAH** Genesis 41:15–38
Numbers 7:1–17
- PROPHETS** 1 Samuel 14
- WRITINGS** Psalms 54
- APOSTLES** Mark 10:1–31

3 Dec. / 25 Kislev

MONDAY

CHANUKAH DAY 1

TODAY IN HISTORY: The Maccabees liberate the Temple (1 Maccabees 4). "...the twenty-fifth day of the ninth month, which is the month of Chislev...At the very season and on the very day that the Gentiles had profaned it, it was dedicated with songs and harps and lutes and cymbals" (NRSV). Messiah is at the Temple during Chanukah (possible date, Jn. 10:22f). "At that time the Feast of the Dedication took place at Jerusalem; it was winter, and Yeshua was walking in the temple in the portico of Solomon."

Suggested Historical Reading: First Book of Maccabees 1–2

- TORAH** Genesis 41:53–42:18
Numbers 7:24–35
- PROPHETS** 1 Samuel 16
- WRITINGS** Psalms 56
- APOSTLES** Mark 11

5 Dec. / 27 Kislev

WEDNESDAY
CHANUKAH DAY 3

Suggested Historical Reading: First Book of Maccabees 5–6

MIKETZ (AT THE END)

- TORAH** Genesis 43:16–29
Numbers 7:36–47
- PROPHETS** 1 Samuel 18
- WRITINGS** Psalms 58
- APOSTLES** Mark 12:28–44

7 Dec. / 29 Kislev

FRIDAY

CHANUKAH DAY 5

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CANDLE LIGHTING TIMES:

Suggested Historical Reading: First Book of Maccabees 9–10

- TORAH** Genesis 44:18–30
Numbers 28:1–15; 7:48–53
- PROPHETS** 1 Samuel 19
- WRITINGS** Psalms 59
- APOSTLES** Mark 13

9 Dec. / 1 Tevet

● SUNDAY

ROSH CHODESH (DAY 2)

CHANUKAH DAY 7

TODAY IN HISTORY: Ezra investigates the matter of foreign wives among Israel (Ezr. 10:16). "So they convened on the first day of the tenth month to investigate the matter." Esther is made queen (Est. 2:16–17). "So Esther was taken to King Ahasuerus to his royal palace in the tenth month which is the month Tebeth, in the seventh year of his reign."

Suggested Historical Reading: First Book of Maccabees 13–14

VAYIGASH (HE DREW NEAR)

12 Dec. / 4 Tevet

WEDNESDAY

Genesis 45:19–27 **TORAH**

1 Samuel 22 **PROPHETS**

Psalms 62 **WRITINGS**

Mark 14:53–72 **APOSTLES**

14 Dec. / 6 Tevet

FRIDAY

Genesis 46:28–47:10 **TORAH**

1 Samuel 24 **PROPHETS**

Psalms 64 **WRITINGS**

Mark 15:25–47 **APOSTLES**

CANDLE LIGHTING TIMES: _____

VAYIGASH (HE DREW NEAR) _____

16 Dec. / 8 Tevet

SUNDAY

Genesis 47:28–48:9 **TORAH**
1 Samuel 25 **PROPHETS**
Psalms 65 **WRITINGS**
Mark 16 **APOSTLES**

TODAY IN HISTORY: 72 Jewish scholars complete the Greek translation of the Torah on behalf of the Greco-Egyptian king Ptolemy II. The translation is later called the Septuagint which means "seventy" (tradition, 246 BCE).

VAYECHI (HE LIVED) _____

18 Dec. / 10 Tevet

TUESDAY

FAST OF TEVET

Genesis 48:17–22 **TORAH**

1 Samuel 28–29 **PROPHETS**

Psalms 67 **WRITINGS**

Luke 1:26–56 **APOSTLES**

SYNAGOGUE READINGS

Exodus 32:11–14; 34:1–10

TODAY IN HISTORY: Nebuchadnezzar begins the siege of Jerusalem (2 Ki. 25:1). "Now in the ninth year of his reign, on the tenth day of the tenth month, Nebuchadnezzar king of Babylon came, he and all his army, against Jerusalem, camped against it and built a siege wall all around it." In Babylon, God tells Ezekiel of Jerusalem's siege 880 miles (1416 km) away (Eze. 24). "And the word of the LORD came to me in the ninth year, in the tenth month, on the tenth of the month, saying, 'Son of man, write the name of the day, this very day. The king of Babylon has laid siege to Jerusalem this very day.'" "Esther was taken to King Ahasuerus to his royal palace in the tenth month which is the month [Tevet], in the seventh year of his reign" (Est. 2:16). The fast of the tenth month (Zec. 8:19). The Fast of Tevet (*Asara BeTevet*) is a shorter fast on the Jewish calendar and lasts from sunrise to sunset. It is one of four similar, biblical fast days and commemorates the siege and destruction of Jerusalem and the Temple. It has no connection to Chanukah despite the fact that it occurs only a week after it.

VAYECHI (HE LIVED)

20 Dec. / 12 Tevet

THURSDAY

Genesis 49:19–26 **TORAH**

1 Samuel 31 **PROPHETS**

Psalms 69 **WRITINGS**

Luke 2:1–21 **APOSTLES**

TODAY IN HISTORY: The Prophet Ezekiel receives one in a series of seven prophecies (nearly all dated) against Egypt (Eze. 29–32). “In the tenth year, in the tenth month, on the twelfth of the month, the word of the LORD came to me saying, ‘Son of man, set your face against Pharaoh king of Egypt and prophesy against him and against all Egypt.’”

VAYECHI (HE LIVED) _____

- TORAH** Exodus 5:1–6:1
- HAFTARAH** Isaiah 27:6–28:13; 29:22–23
- APOSTLES** Acts 7:17–37

29 Dec. / 21 Tevet

 **SHABBAT**

TODAY IN HISTORY: Birth of Simeon (tradition, Gen. 29:33). “Then she conceived again and bore a son and said, ‘Because the LORD has heard that I am unloved, He has therefore given me this son also.’ So she named him Simeon.”

SHMOT (NAMES)



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FOR
Busy Moms

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Endnotes

Rosh Chodesh means “New Moon.” *Shabbat* means “Sabbath.” *Haftarah* refers to the prophetic text read after the Torah.

Note: The enumeration of some verses differ between English and Hebrew published Bibles. DAILY BREAD gives the verse references found in most English translations and the corresponding Hebrew verses within brackets []. The blessings after the “Introduction” are from the traditional Jewish prayer book and also adapted from the *Complete Jewish Bible*. The calendar and historical information is based on research and the sources below. The traditional synagogue readings follow the Ashkenazi tradition. The Messianic readings for Sabbaths and holidays are suggestions and do not follow an established tradition.

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