

DAILY BREAD

A Messianic One-Year Bible Reading Journal

5782 / 2021-2022

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Hebrew cover text:

“Et lechem chukenu ten lanu ha-yom.
(Give us this day our daily bread).”

— Matthew 6:11

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Daily Bread (5782 / 2021-2022):

A Messianic One-Year Bible Reading Journal

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~Introduction~

It is a great blessing to have a daily, balanced diet from the Word of God, and to read through the entire Bible in a year. The Master said: “It is written: ‘Man shall not live on bread alone, but on every word that proceeds out of the mouth of God’” (Matt. 4:4, Deut. 8:3). As disciples of Messiah, we need to study the Scriptures in a disciplined way. Therefore it is our great joy to publish *Daily Bread: A Messianic One-Year Bible Reading Journal*.

The Bible has come to us from the Jewish people. The one-year Bible reading plan in DAILY BREAD is unique in several ways: (1) it follows the same Jewish division of the Scriptures that Messiah and the Apostles were familiar with; (2) it takes you through a portion from each section every day; (3) it follows the same text portions that all of Israel studies each week; (4) it complements these with the rest of the biblical text; (5) it includes a generous amount of information about the Jewish calendar, the Feasts, and what has happened in the history of Israel on different days.

The Jewish division of the Hebrew Bible (OT) is the same as the one found in Luke 24:44. Every day (except Sabbaths and holidays, see below), DAILY BREAD takes you through one portion from

- the Torah;
- the Prophets;
- the Writings;
- the Apostles (NT).

We have included an optional track of readings in parentheses for anyone who wishes to read through the Apostolic Scriptures (NT) twice a year. Those who wish to follow this optional track and study the Gospels with the Epistles every day, simply add the apostolic

reading in parentheses ().

The weekly Torah portion is called the *parashah* and is read in every synagogue all over the world each Sabbath. The Apostles encouraged disciples who were not Jewish to follow the synagogue's Scripture readings (see Acts 15:21). The weekly Torah portion is divided into seven shorter *aliyot* (plural), which constitute the daily Torah reading in this Bible reading plan. On the Sabbath, the seventh *aliyah* is read, together with the accompanying portion from the Prophets, called the *haftarah* (see Luke 4:16). DAILY BREAD also adds suggested Messianic readings from the Apostles on Sabbaths and Holidays.

In the Jewish Bible, the books of the Prophets include: Joshua, Judges, Samuel I & II, and Kings I & II, followed by Isaiah, Jeremiah, Ezekiel, and the twelve shorter Prophets. (Note that the entire Book of Jonah is read on the Day of Atonement.) The Writings start with Psalms, followed by Proverbs, Job, and the five Scrolls which are read on special occasions: Song of Songs (Passover), Ruth (Feast of Weeks), Lamentations (9th of Av), Ecclesiastes (Tabernacles), and Esther (Purim). After these come: Daniel, Ezra, Nehemiah, and Chronicles I & II.

The composition of the Apostolic Scriptures (NT) is somewhat different in the East around the Land of Israel. In this earlier, Greek, manuscript tradition, the letters of Jacob (James), Peter, John, and Judah (Jude) follow directly after the Book of Acts. Paul writes in Galatians that "James, Cephas and John, those esteemed as pillars," were apostles before him in Jerusalem (Gal. 2:9, 1:17). Then come the letters of Paul, Hebrews, and the Book of Revelation.

We recommend reading all the daily Scripture portions early in the morning. If time does not allow, read the rest in the evening. Alternatively, you can read two portions in the morning and two in the evening. If you fall behind, you can catch up on the Sabbath, but a disciplined daily reading of the Word is best.

On each page in the journal you will find the Gregorian date,

the Hebrew date, the Bible reading portions for the day, information about special events on the Hebrew calendar, and also the name of the Torah text for the week at the bottom of the page. Some days will have information about what happened in the Bible or in history on that specific day. On the empty lines, you can record what speaks to you from the Scriptures, prayer subjects, answers to prayer, etc.

We hope that you will be richly blessed by DAILY BREAD in your daily walk with the Master.

~ The Holy Books ~

Below are the books of Holy Scripture arranged according to the Jewish, Messianic tradition used in *Daily Bread*.

TORAH

- ⌘ Genesis
- ⌘ Exodus
- ⌘ Leviticus
- ⌘ Numbers
- ⌘ Deuteronomy

PROPHETS

- ⌘ Joshua
- ⌘ Judges
- ⌘ Samuel I & II
- ⌘ Kings I & II
- ⌘ Isaiah
- ⌘ Jeremiah
- ⌘ Ezekiel
- ⌘ The Twelve
 - I. Hosea
 - II. Joel
 - III. Amos
 - IV. Obadiah
 - V. Jonah
 - VI. Micah
 - VII. Nahum
 - VIII. Habakkuk

- IX. Zephaniah
- X. Haggai
- XI. Zechariah
- XII. Malachi

WRITINGS

- ⌘ Psalms
- ⌘ Proverbs
- ⌘ Job
- ⌘ Song of Songs
- ⌘ Ruth
- ⌘ Lamentations
- ⌘ Ecclesiastes
- ⌘ Esther
- ⌘ Daniel
- ⌘ Ezra-Nehemiah
- ⌘ Chronicles I & II

APOSTLES

- ⌘ Matthew
- ⌘ Mark
- ⌘ Luke
- ⌘ John

- ⌘ Acts
- ⌘ Jacob (James)
- ⌘ 1 Peter
- ⌘ 2 Peter
- ⌘ 1 John
- ⌘ 2 John
- ⌘ 3 John
- ⌘ Judah (Jude)
- ⌘ Romans
- ⌘ 1 Corinthians
- ⌘ 2 Corinthians
- ⌘ Galatians
- ⌘ Ephesians
- ⌘ Philippians
- ⌘ Colossians
- ⌘ 1 Thessalonians
- ⌘ 2 Thessalonians
- ⌘ 1 Timothy
- ⌘ 2 Timothy
- ⌘ Titus
- ⌘ Philemon
- ⌘ Hebrews
- ⌘ Revelation

~ The Biblical Year ~

Below are the months and holy days of the biblical, Jewish calendar used in *Daily Bread*.

| | MONTH | APROX. ROMAN | EVENTS |
|----|-----------------|--|---|
| 1 | NISAN | Mar.–April | Passover, Unleavened Bread, First Fruits |
| 2 | IYAR | April–May | |
| 3 | SIVAN | May–June | Weeks (Pentecost) |
| 4 | TAMUZ | June–July | Fast of Tamuz |
| 5 | AV | July–Aug. | Fast of Av |
| 6 | ELUL | Aug.–Sep | |
| 7 | TISHREI | Sep.–Oct. | Trumpets, Fast of Gedaliah, Day of Atonement, Tabernacles |
| 8 | CHESHVAN | Oct.–Nov. | |
| 9 | KISLEV | Nov.–Dec. | Hanukkah |
| 10 | TEVET | Dec.–Jan. | Fast of Tevet |
| 11 | SHVAT | Jan.–Feb. | |
| 12 | ADAR | Feb.–Mar. | Fast of Ester, Purim |
| 13 | <i>Adar I</i> | <i>A leap-month added 7 years out of a 19-year cycle (years 3, 6, 8, 11, 14, 17, and 19)</i> | |

HOLY DAYS

| DATE | EVENT | BIBLICAL REFERENCES |
|----------------------------|---|--|
| Nisan 14 | PESACH (PASSOVER) | Ex. 12; Lev. 23:5; Num. 9:2f; 28:16; Dt 16:1f; Jos. 5:10; Eze. 45:21; Ezer. 6:19; 2 Chr. 30:1f; 35:17; Mt. 26:2f; Mk. 14:1f; Lk. 2:41; 22:1f; Jn. 2:13; 6:4; 11:55; 18:28f; 1 Cor. 5:7; Heb. 11:28 |
| Nisan 15–21 | CHAG HAMATZOT (UNLEAVENED BREAD) | Ex. 12:15f; 23:15; 34:18; Lev. 23:6; Num. 9:11; Dt. 16:3f; Jos. 5:11; Eze. 45:21; Ezra 6:22; 2 Chr. 8:13; 30:13f; 35:17; Mt. 26:17; Mk. 14:1; 14:12; Lk. 22:1f; Acts 12:3; 20:6; 1 Cor. 5:7 |
| Nisan 16 | BIKURIM/OMER (FIRST-FRUITS) | Lev. 23:9f; Mt. 28:1 ¹ ; Acts 1:3 ¹ ; 1 Cor. 15:20 ¹ |
| Sivan 6 | SHAVUOT (WEEKS/PENTECOST) | Ex. 34:22; Lev. 23:15f; Num. 28:26; Dt. 16:10f; Ex. 19:16–20:21 ¹ ; 2 Chr. 8:13; Acts 2:1f; 20:16; 1 Cor. 16:8 |
| Tamuz 17 ² | TZOM TAMUZ (FAST OF TAMUZ) | Zec. 8:19; Ex. 32:6–35 ¹ |
| Av 9 ² | FAST OF AV (TISHA BE'AV) | Zec. 7:5; 8:19; Num. 14:28–30 ¹ ; 2 Ki. 25:9; Lk. 19:41–44 |
| Tishrei 1–2 | ROSH HASHANAH (TRUMPETS) | Lev. 23:24; Num. 29:1; Zec. 9:14; Ezer. 3:6; Neh. 8:1; Mt. 24:31 ¹ ; 1 Cor. 15:52 ¹ ; 1 Thess. 4:16 ¹ ; Rev. 11:15 ¹ |
| Tishrei 3 ² | TZOM GEDALIA (FAST OF GEDALIAH) | Zec. 7:3; 8:19; Jer. 41:2; 2 Ki. 25:25 |
| Tishrei 10 | YOM KIPPUR (DAY OF ATONEMENT) | Lev. 16; 23:27; Num. 29:7; Ex. 34:28–29 ¹ |
| Tishrei 15–21 | SUKKOT (TABERNACLES) | Lev. 23:34f; Num. 29:12f; Dt. 16:13f; Zec. 14:16; Neh. 8:13; Jn. 7 |
| Tishrei 22 | SHMINI ATZERET (EIGHTH DAY) | Lev. 23:36; Num. 29:36f; 2 Chr. 7:9 |
| Kislev 25– Tevet 2 or 3 | HANUKKAH | Dan. 11; Jn. 10:22 |

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|------------------------|---|---|
| Tevet 10 ² | ASARA BETEVET (FAST OF TEVET) | Zec. 8:19; Eze. 24:1f; 2 Ki. 25:1 |
| Adar 13 ^{2,3} | TAANIT ESTER (FAST OF ESTER) | Est. 4:16 ¹ ; 9:1 ¹ |
| Adar 14 ³ | PURIM | Est. 9:20–32 |
| Adar 15 ³ | SHUSHAN PURIM (PURIM IN JERUSALEM) | Est. 9:18–19 |

¹ Traditionally associated with the event.

² If this observance conflicts with Shabbat, the date of the event is moved.

³ In a leap year, all events in Adar are held in Adar II.

~ Blessings ~

Torah studies (all Scripture included) is of even higher importance than prayer and should be done daily. Since it is a commandment (see Dt. 6:6–7) and a spiritual undertaking, it is customary in Israel to first pray and bless God before reading. These blessings are considered to cover all Scripture reading and studies for the rest of the day.

ברוך אתה יי אלהינו מלך העולם, אשר קדשנו במצותיו, וצונו
לעסוק בדברי תורה. והערב נא יי אלהינו את דברי תורתך בפינו,
ובפי עמך בית ישראל, ונהיה אנחנו וצאצאינו, וצאצאי עמך בית
ישראל, כלנו יודעי שמך, ולומדי תורתך לשמה. ברוך אתה יי,
המלמד תורה לעמו ישראל.

Blessed are you, LORD our God, King of the universe, who has sanctified us with his commandments and has commanded us to engage in study of the words of Torah. Please, LORD our God, make the words of your Torah sweet in our mouth, and in the mouth of your people, the house of Israel. May we and our descendants, and the descendents of your people, the house of Israel, all know your name and study your Torah for its own sake. Blessed are you, LORD, who teaches Torah to his people Israel.

The Apostle Shaul Paul writes, "Then what advantage has the Jew? Or what is the benefit of circumcision? Great in every respect. First of all, that they were entrusted with the oracles of God" (Rom. 3:1–2).

Jews therefore pray:

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר בָּחַר בָּנוּ מִכָּל הָעַמִּים,
וְנָתַן לָנוּ אֶת תּוֹרָתוֹ. בְּרוּךְ אַתָּה יְיָ, נוֹתֵן הַתּוֹרָה.

Blessed are you, LORD our God, King of the universe, who has chosen us from all peoples and given us his Torah. Blessed are you, LORD, giver of the Torah.

For all believers in Messiah:

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר נוֹתַן תּוֹרַת אֱמֶת
וּבְשׂוֹרַת יְשׁוּעָה לְעַמּוֹ יִשְׂרָאֵל וּלְכָל הָעַמִּים עַל־יְדֵי בְּנוֹ יֵשׁוּעַ
הַמְּשִׁיחַ אֲדֹנָינוּ.

Blessed are you, LORD our God, King of the universe, who gives the Torah of truth and the good news of salvation to his people Israel and to all peoples through his Son, Yeshua the Messiah, our Master.

2 Oct. / 26 Tishrei

SHABBAT

Genesis 3:22–6:8 **TORAH**
Isaiah 42:5–43:10 **HAFTARAH**
Romans 1:18–32 **APOSTLES**

- TORAH** Genesis 6:9–22
- PROPHETS** Joshua 5
- WRITINGS** Psalm 5
- APOSTLES** Matthew 4 (James 4)

3 Oct. / 27 Tishrei

SUNDAY

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- TORAH** Genesis 9:8–17
- PROPHETS** Joshua 9
- WRITINGS** Psalm 9
- APOSTLES** Matthew 7 (1 Peter 3)

7 Oct. / 1 Cheshvan

● THURSDAY

ROSH CHODESH (DAY 2)

8 Oct. / 2 Cheshvan

FRIDAY

Genesis 9:18–10:32 **TORAH**

Joshua 10 **PROPHETS**

Psalms 10 **WRITINGS**

Matthew 8 (1 Peter 4) **APOSTLES**

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CANDLE LIGHTING TIMES:

NOACH (NOAH)

- TORAH** Genesis 12:14–13:4
 - PROPHETS** Joshua 12
 - WRITINGS** Psalm 12
 - APOSTLES** Matthew 10 (2 Peter 1)
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11 Oct. / 5 Cheshvan

MONDAY

TODAY IN HISTORY: Death of the “Bram,” the Messianic pioneer Abram Poljak (zt”l) year 5724 (1963 CE). Poljak was a Ukranian-born, Orthodox Jew. A musical prodigy, he played violin for the Czar at the age of eight. As a young man, he moved to Germany and took work as a journalist. The writings of Leo Tolstoy brought him to faith in Yeshua. After a miraculous release from a Nazi prison, he immigrated to Israel after the war and contributed to the pioneering of the twentieth-century Messianic Jewish movement in Israel and abroad (vineofdauid.org).

LECH LECHA (GO FORTH)

12 Oct. / 6 Cheshvan

TUESDAY

Genesis 13:5–18 **TORAH**

Joshua 13 **PROPHETS**

Psalms 13 **WRITINGS**

Matthew 11 (2 Peter 2) **APOSTLES**

- TORAH** Genesis 14:1–20
- PROPHETS** Joshua 14
- WRITINGS** Psalm 14
- APOSTLES** Matthew 12:1–21 (2 Peter 3)

13 Oct. / 7 Cheshvan

● WEDNESDAY

TODAY IN HISTORY: During the second Temple period, this was the time when the pilgrims who lived the farthest away (a 15-day journey) arrived home from Sukkot (Tabernacles) celebrations in Jerusalem (tradition). In Israel prayers for rain are added to the liturgy (tradition):

LECH LECHA (GO FORTH)

- TORAH** Genesis 15:7–17:6
- PROPHETS** Joshua 16–17
- WRITINGS** Psalm 16
- APOSTLES** Matthew 13:1–30 (1 John 2)

15 Oct. / 9 Cheshvan

FRIDAY

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CANDLE LIGHTING TIMES:

- TORAH** Genesis 18:1–14
- PROPHETS** Joshua 18
- WRITINGS** Psalm 17
- APOSTLES** Matthew 13:31–58 (1 John 3)

17 Oct. / 11 Cheshvan

SUNDAY

TODAY IN HISTORY: Death of Methuselah (tradition, Gen. 5:27). “So all the days of Methuselah were nine hundred and sixty-nine years, and he died.” Death of Rachel (tradition, Gen. 35:18–20). “It came about as her soul was departing (for she died), that she named him Ben-oni; but his father called him Benjamin. So Rachel died and was buried on the way to Ephrath (that is, Bethlehem). Jacob set up a pillar over her grave; that is the pillar of Rachel’s grave to this day.” Death of Christian Zionist pioneer William E. Blackstone (z”l) year 5696 (1935). Blackstone was an American evangelical who saw the mass persecution of Russian Jewry and dedicated himself to the restoration of Jewish independence in Palestine. Supreme Court Justice Brandeis dubbed Blackstone the “Father of Zionism,” as his efforts preceded Theodor Herzl. Blackstone’s famed petition, signed by 400 of the United States’ most prominent citizens, was presented to President Woodrow Wilson in 1917, serving as a major influence on America’s support for the 1917 Balfour Declaration (fozmuseum.com).

VAYERA (AND HE APPEARED)

18 Oct. / 12 Cheshvan

MONDAY

Genesis 18:15–33 **TORAH**

Joshua 19 **PROPHETS**

Psalms 18 **WRITINGS**

Matthew 14 (1 John 4) **APOSTLES**

VAYERA (AND HE APPEARED)

20 Oct. / 14 Cheshvan

WEDNESDAY ○

Genesis 19:21–21:4 TORAH

Joshua 21 PROPHETS

Psalm 20 WRITINGS

Matthew 16 (2 John) APOSTLES

VAYERA (AND HE APPEARED)

- TORAH** Genesis 21:5–21
- PROPHETS** Joshua 22
- WRITINGS** Psalm 21
- APOSTLES** Matthew 17 (3 John)

21 Oct. / 15 Cheshvan

THURSDAY

TODAY IN HISTORY: Jeroboam institutes an imitation festival in Israel (1 King. 12:27–33). “Jeroboam instituted a feast in the eighth month on the fifteenth day of the month, like the feast which is in Judah.” Death of Matityahu the Maccabee (tradition, 1 Maccabees 2:70). “Then he blessed them, and was gathered to his ancestors. He died in the one hundred forty-sixth year and was buried in the tomb of his ancestors at Modein. And all Israel mourned for him with great lamentation” (NRSV). Kristallnacht (Night of Broken Glass), November 9, 1938:

VAYERA (AND HE APPEARED)

- TORAH** Genesis 22:1–24
- HAFTARAH** 2 Kings 4:1–37
- APOSTLES** Hebrews 11:8–19

23 Oct. / 17 Cheshvan

SHABBAT

(Lined area for notes or reflections)

TODAY IN HISTORY: The Great Flood begins (possible date, Gen. 7:11). “In the six hundredth year of Noah’s life, in the second month [counting from Tishrei], on the seventeenth day of the month, on the same day all the fountains of the great deep burst open, and the floodgates of the sky were opened.”

VAYERA (AND HE APPEARED)

15 Nov. / 11 Kislev

MONDAY

Genesis 32:14–30 **TORAH**

Judges 21 **PROPHETS**

Psalms 42 **WRITINGS**

Mark 2 (1 Corinthians 2) **APOSTLES**

Lined writing area consisting of 20 horizontal dotted lines.

- TORAH** Genesis 34:1–35:11
- PROPHETS** 1 Samuel 3
- WRITINGS** Psalm 45
- APOSTLES** Mark 4:21–41 (1 Corinthians 5)

18 Nov. / 14 Kislev

THURSDAY

TODAY IN HISTORY: Birth of Reuben (tradition, Gen. 29:32). "Leah conceived and bore a son and named him Reuben, for she said, 'Because the LORD has seen my affliction; surely now my husband will love me.'"

25 Nov. / 21 Kislev

THURSDAY

Genesis 39:1–6 **TORAH**

1 Samuel 11 **PROPHETS**

Ps 51 **WRITINGS**

Mark 8 (1 Corinthians 10) **APOSTLES**

Lined writing area consisting of 20 horizontal dotted lines.

- TORAH** Genesis 42:19–43:15
Numbers 7:30–41
- PROPHETS** 1 Samuel 17
- WRITINGS** Psalm 57
- APOSTLES** Mark 12:1–27 (1 Corinthians 15:1–28)

2 Dec. / 28 Kislev

THURSDAY
HANUKKAH DAY 4

TODAY IN HISTORY: Possible date of Gabriel's visit to Miriam in Nazareth, nine months before *Rosh HaShanah* and the fall feasts in the seventh month (Lk. 1:26–38).

Suggested Historical Reading: First Book of Maccabees 7–8

23 Dec. / 19 Tevet

THURSDAY

Exodus 3:16-4:17 **TORAH**

2 Samuel 7 **PROPHETS**

Psalms 75 **WRITINGS**

Luke 6:1-26 (Galatians 3) **APOSTLES**

Lined writing area with horizontal dashed lines.

SHMOT (NAMES) _____

